

EMERALD VIOLET

. The Serenity of WHITE !! .

. INSPIRATION! .

'Cheerfulness keeps up a kind of daylight in the mind, filling it with a steady and perpetual serenity.'

Joseph Addison



The moment I encountered this picture I felt completely calm. Shades of white, fog covered mountains, still waters and soft reflections all combined for a total feeling of overwhelming serenity.

. ART .



This is a painting by Georgia O'Keeffe. It is titled 'The White Flower' and was painted in 1932. I am in awe of artists who are so forward thinking. This is such a Contemporary view for paintings during this era. O'Keeffe was able to look at the natural world, making bold statements from elements in nature. She wanted the world to take a moment and look at flowers. I feel a sense of serenity in this painting, with the softness of white, the coolness of the green leaves & the gentle brush strokes that render this exquisite flower.

[LINK to insight about Georgia O'Keeffe](#)

. INTERIOR DESIGN .

Count on WHITE for a serene & gentle space !!



Light & Calm WHITE !

This Living Area works really well because:

- The beautiful reflectivity of white bounces light everywhere in this stunning room.
- Touches of wood in the chairs and table add warmth and texture which are key.
- Lighting details, warm metal tables, patterned pillows and accessories work together, adding character.

. PAPER ART .



Paper is the most incredible material. Such beauty can be captured with something that is so readily available to us. Artist, Jeff Nishinaka, creates stunning sculpted works that are mesmerising. I have attached a link below. [If you check out the site, click to the left & right of the art to see additional works by this artist.]

[LINK to Artist, Jeff Nishinaka](#)


. PAINTED FURNITURE .
Stunning Simplicity !



Sometimes just the most basic of approaches brings about the perfect solution. This vintage set illustrates that by simply returning the drawer fronts to a raw wood look and painting the body and knobs a bright white brings it totally up-to-date. Pure Perfection!!

[LINK to Painted Furniture](#)

With my every best wish...



Serenity comes when you trade
expectations for acceptance.

Buddha

I love WHITE... it is incredibly versatile. When I was thinking about how white makes me feel, I was drawn to the word serenity. That feeling of all is calm, still and tranquil. Leading me to consider how to create this for myself.

Then I found the quote above.

To be honest, I had to think about this quote. I have my eternal 'to do' list. It keeps me on track, yet it also keeps me in a constant state of 'there is so much more to do'. My 'expectations', I am learning, will arrive in due course.

Perhaps searching for serenity is not about being passive or complacent; maybe it is more about taking the day that I have and accepting everything about it & genuinely loving **this** moment.

I am aware that each day will bring many varied moments. I must accept the disappointments [and face that I will be challenged & learn by them]; and accept the happy moments [and simply be grateful for them].

Accepting the fact that everything I want to achieve is waiting for me... all to happen at the appropriate moment.

I am going to work hard on this concept of serenity...
if you'd like, maybe you can join me.

Please stay safe & healthy & creative!
...with my every best wish, Barbara

Here is a LINK to all our past COLOR Messages to YOU!

Archive of COLOR Messages

EMERALD & VIOLET STUDIO

We are all about Art, Color & Design!!!

I am working on creating classes that I will be able to share with you online, via Zoom or another method. I'll be in touch as soon as I have it all developed.

Until then take good care, be well & stay healthy!

A LINK to our Website:

Hours:

Currently closed...

Call Barbara at **#216.310.0080** with any questions!



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