

# EMERALD & VIOLET

. INSPIRATION! .

“Do what you love, love what you do, and with all your heart  
give yourself to it.”

— Roy T. Bennett, *The Light in the Heart*



Nature has the ability to totally master color & design.  
Even hearts!!

When we need to calm ourselves, fascinate our  
imagination or search for creativity... we only need to look  
to Mother Nature for her inspiration!

. ART .

"In life, the heart wants what the heart wants...  
or else it does not care."

Emily Dickinson, 1862



I love this heart! Pink, Purple, Contemporary & free - spirited! You could make one of your own. I have found a brief tutorial and attached it to the link below. There are lots of examples of how to do this... try a new technique!

[LINK to Alcohol Painting Technique](#)

. INTERIOR DESIGN .  
Daring to be a little different !



### Sophisticated & Chic VIOLET !

This Dining & Living space work really well because:

- The deep violet makes a Contemporary, bold & graphic statement adding great personality!
- The cluster of magenta flowers underscores the flow of this warm side of the color palette.
- Gray painted chairs and living room shutters bring a sophisticated calm that balances the accents.
- As always, white plays a great role in unifying the two rooms in furniture, lighting & artwork.



. PAPER FLOWERS .  
Everlasting love, literally...



I love working with all sorts of paper. Crepe paper brings a beautiful texture & sculptural nuance to this bouquet.

If you'd like to elevate your paper flower experience, please check out working with crepe paper. One person who specializes in this is Lia Griffith. I have attached a link so you are able to explore a little further!

[Link to 'Lia Griffith Flowers'](#)

. PAINTED FURNITURE .  
Quirky for sure !



OK. I know this is unique. Maybe even a little surreal. Yet, I love the fact that someone was thinking outside the box to come up with this idea.

There is something wonderful about incorporating all these different tables into one unified shelving system. Remember, every idea leads to another & another... just keep dreaming!

[Link to Painted Furniture](#)

With my every best wish...

# F.L.Y.

## FIRST LOVE YOURSELF

OTHERS WILL COME NEXT

Love. Our lives revolve around love. When we are babies we need love from our parents or guardians. As we grow, our circle of people to love expands. We cultivate distinctive kinds of love for siblings, aunts, uncles, grandparents, neighbors & friends. We love them all differently as our hearts begin to develop feelings for the world outside ourselves.

Yet, one of the most important kinds of love... is to love ourselves. It is one of the most challenging to learn. I don't think we are all taught to do this. We are encouraged to love others... and that is definitely a beautiful thing; however, the greatest goal is to learn to love ourselves.

Loving ourselves has absolutely nothing to do with being selfish & everything to do with working to be our best selves.

Think of this... if we truly love ourselves we will be able to bring so much goodness into the world. If we love ourselves, we:

- are truly able to understand & appreciate our genuine character & do the work to live up to our own expectations
- set superior standards for ourselves & work to seek the high road
- become more confident in our choices & our life goals
- understand that our happiness is our responsibility & obstacles offer the chance to learn & grow
- understand our own weakness & are more easily able to forgive others
- ultimately will be able to bring more positivity to the world & then encourage others to live their own best lives

Please stay safe & healthy!

*I hope on this Valentine's Day you'll take a little time  
to love & appreciate yourself.*

...with my every best wish, Barbara

## **EMERALD & VIOLET STUDIO**

We are all about Art, Color & Design!!!

I am working on creating classes that I will be able to share with you online, via Zoom or another method. I'll be in touch as soon as I have it all developed.

Until then take good care, be well & stay healthy!

**A LINK to our Website:**

**Hours:**

Currently closed...

Call Barbara at **#216.310.0080** with any questions!



**Emerald & Violet Studio**  
**9722 Columbia Road, Olmsted Falls 44138**  
**216.310.0080**

[www.emeraldandvioletstudio.com](http://www.emeraldandvioletstudio.com)